

#ReadFor30Together

Emotionally Healthy Spirituality - Pete Scazzero

Day 1 - Read to page 17

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Day 2 - page 18-25

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Day 3 - page 26-33

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Day 4 - page 34-43

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Day 5 - page 44-53

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Day 6 - page 54-61

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Day 7 - Catch-up day

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Day 14 - Catch-up day

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Day 21 - Catch-up day

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Takeaway:

Extra notes: